



YOUR  
*Golden Years*  
AWAIT



asebp

*It's* the start of another new school year and, as you look around the empty halls before a new group of students arrive, you can't help but wonder, what comes after this? Retirement has been on your mind for quite some time now—summer vacation certainly helped sow the seeds of retirement dreams—but you wonder if you're truly ready to take the leap. After all, this career has been an important part of your life for many years.

Am I ready for this next chapter in life? Do I have enough money saved? Do I really want to stop working altogether? These are probably just a handful of the questions you have as you start thinking about retirement. But don't worry, you're not alone. Let us help you find the answers to these questions and more!

Your Employee and Family Assistance Program (EFAP), offered through our partnership with Homewood Health, is here to help you find the best path forward to retirement. Whether you're wondering about finances or want to speak with someone about the psychological impact of retiring, your EFAP can help you sort through it all.

### WANT TO CONNECT WITH SOMEONE?

Assistance is just one confidential call away. Homewood Health has numerous, highly-trained staff available 24/7 to help you find the resources and tools you need to plan, prepare and choose a time that's right to retire.

When you call, you'll be asked a few questions to ensure you're directed to the best person for your situation.

► **English**

1-800-663-1142

TTY: 1-888-384-1152

International (call collect):  
604-689-1717

► **Français**

1-866-398-9505

ATS: 1-866-433-3305

Appels internationaux  
(frais virés acceptés): 514-875-0720

### PREFER TO WORK IT OUT ONLINE?

Register for a Homeweb.ca account to access handy online tools and resources like these:

- Pre-retirement Planning (Life Smart Program), [bit.ly/homeweb15](http://bit.ly/homeweb15)
- Retire Happy, Healthy and Secure, [bit.ly/homeweb16a](http://bit.ly/homeweb16a)
- Preparing for your Retirement (e-course), [bit.ly/homeweb17](http://bit.ly/homeweb17)
- Working after Retirement (Podcast), [bit.ly/homeweb18](http://bit.ly/homeweb18)

*Remember...* your EFAP is  
here to help you, help yourself!

